

March 2012

Schedule for FFSC Classes

PRE-REGISTRATION IS REQUIRED
Call us TODAY at 243-FFSC (3372)

Thriving in Japan Workshops

- ✿ **Area Orientation Brief/Intercultural Relations**
(This class is required for all incoming adults. The class is 5-days, starting Monday at 8:45 am.)
Monday– Friday, 5th – 9th
Monday– Friday, 12th – 16th
Monday– Friday, 19th – 23rd
Monday – Friday, 26th – 30th
- ✿ **Laugh, Laugh Japanese**
Saturday, 3rd, 17th, 31st, 10:00 am – 12:00 pm
- ✿ **Monday Night Japanese**
Monday, 5th, 12th, 19th, 26th, 6:00 pm – 7:15 pm
- ✿ **Enjoying Japanese Food**
Monday, 12th, 9:00 am – 1:00 pm
- ✿ **Everyday Japanese**
Monday, 12th & 26th, 10:00 am – 11:15 am
- ✿ **Your Japanese Home**
Tuesday, 27th, 8:30 am – 12:30 pm
- ✿ **Youth AOB/ICR**
Elementary School, Wed, 28th, 2:10 pm – 4:00 pm
High School, Thursday, 29th, 2:30 pm – 4:00 pm
Middle School, Friday, 30th, 2:20 pm – 4:00 pm

Financial Management

- ✿ **Creating a Spending Plan**
Thursday, 1st, 11:00 am – 12:00 pm
- ✿ **Credit Score, Report and more**
Wednesday, 7th, 11:00 am – 12:00 pm
- ✿ **Saving and Investing**
Wednesday, 14th, 11:00 am – 12:00 pm
- ✿ **Thrift Savings Plan**
Wednesday, 21st, 11:00 am – 12:00 pm
- ✿ **Military Retirement Planning**
Friday, 23rd, 11:00 am – 12:00 pm
- ✿ **Car Buying**
Wednesday, 28th, 11:00 am – 12:00 pm
- ✿ **Purchasing Your Dream Home**
Friday, 30th, 1:30 pm – 3:30 pm

Employment Assistance

- ✿ **Employment Overview**
Tuesday, 6th and 20th, 10:00 am – 12:00 pm
- ✿ **Effective Resume Writing**
Thursday, 8th, 10:00 am – 12:00 pm
- ✿ **Modeling Networking Group**
Tuesday, 13th, 10:00 am – 12:00 pm
- ✿ **Government Employment Tips**
Thursday, 15th, 10:00 am – 12:00 pm
- ✿ **English Teachers Networking Group**
Thursday, 22nd, 10:00 am – 12:00 pm
- ✿ **Interview Techniques**
Tuesday, 27th, 10:00 am – 12:00 pm
- ✿ **Getting Started Teaching English**
Wednesday, 28th, 10:00 am – 12:00 pm

Life Skills Workshops

- ✿ **Labor & You**
Monday, 5th, 1:00 pm – 7:00 pm
- ✿ **English as a Second Language**
Monday, 5th, 12th, 19th, 26th, 10:00 am – 12:00 pm
- ✿ **Communication, Anger & Stress Management, Assertiveness – CASA (4-part series)**
5th, 7th, 12th & 14th, 2:00 pm – 4:00 pm
- ✿ **Survivors of Suicide Support Group**
Tuesday, 6th, 13th, 20th, 27th 4:00 pm – 5:30 pm
- ✿ **Japanese Spouse Group**
Wednesday, 7th & 21st, 10:00 am – 12:00 pm
- ✿ **Healthy Relationships**
Wednesday, 14th, 5:00 pm – 7:30 pm
- ✿ **Pre-Marriage Seminar**
Thursday, 15th, 9:00 am – 4:30 pm

New Parent Support

- ✿ **Play Morning**
Friday, 2nd, 9th, 16th, 23rd, 9:30 am – 11:00 am
- ✿ **Labor & You**
Monday, 5th, 1:00 pm – 7:00 pm
- ✿ **Boot Camp for New Dads**
Tuesday, 6th, 1:00 pm – 3:30 pm
- ✿ **Baby Basics**
Tuesday, 12th, 1:30 pm – 4:30 pm
- ✿ **Basic Breastfeeding**
Wednesday, 21st, 1:30 pm – 3:30 pm

- ✿ **NMCRS' Budget 4 Baby**
(Please call NMCRS at 243-4450 for sign-ups)

Thursday, 15th, 5:00 pm – 7:00 pm
Tuesday, 27th, 9:00am – 11:00 am

Relocation & Transition

- ✿ **PCS Workshop**
Friday, 2nd, 8:00 am – 12:00 pm
- ✿ **Separation TAP (S-TAP)**
Service members who are not retirement eligible
(Register via CCC)
Monday – Friday, 5th – 9th, 7:30 am – 4:30 pm
Monday – Friday, 12th – 16th 7:30 am – 4:30 pm
- ✿ **Sponsor & Sponsor Coordinator Training**
Friday, 16th, 2:00 pm – 4:00 pm
- ✿ **Retirement TAP (R-TAP)**
Service members who are retirement eligible, including medical **(Register via CCC)**
Monday – Friday, 19th – 23rd, 7:30 am – 4:30 pm
- ✿ **Disabled TAP (D-TAP)**
Friday, 23rd, 1:00pm – 3:00 pm
- ✿ **Separation or Retirement in Japan**
Friday, 23rd, 2:00 pm – 4:00pm

Ikego Classes

- ✿ **Play Morning**
Thursday, 1st, 8th, 15th, 22nd, 29th
10:00 am – 11:30 am
- ✿ **Cultural Adult Craft Class**
Tuesday, 6th, 10:00 am – 12:00 pm
- ✿ **Welcome To Ikego**
Tuesday, 13th, 9:00 am – 2:00 pm
- ✿ **Employment Overview & Govt Tips**
Tuesday, 20th, 10:00 am – 11:30 am
- ✿ **Kid's Craft Class**
Tuesday, 27th, 10:00 am – 11:00 am

Negishi Classes

- ✿ **Kid's Craft Class**
Friday, 2nd, 10:30 am – 12:00 pm
- ✿ **Negishi Informational Booth**
Friday, 9th, 9:00 am – 2:00 pm
- ✿ **Welcome To Negishi**
Wednesday, 21st, 10:00 am – 3:00 pm

Negishi Classes



Kid's Craft Class

Friday, 2nd, 10:30 am – 12:00 pm



Welcome To Negishi

Wednesday, 21st, 10:00 am – 3:00 pm



We may have just the answers you've been looking for!
Our staff provides a broad range of professional services
to help you while living in Japan.

*Please visit our office and check out some of these
great offerings:*



Confidential Counseling



Educational & Fun Classes



Family Advocacy Support



Financial Management Assistance



Job Search & Transition Services



Maps & Valuable Resource Files



Relocation Assistance



Translation Services



Welcome Aboard Information

Yokosuka FFSC
4th Deck, Building 3365
243-FFSC (3372)

Hours:

Monday, Tuesday, Wednesday, Friday

8:00 a.m. – 4:30 p.m.

Thursday

8:00 a.m. – 3:00 p.m.

Ikego FFSC
Left of the Mini-Mart

246-8052

Hours:

Monday, Tuesday, Wednesday, Friday

8:30 a.m. – 5:30 p.m.

Thursday

8:30 a.m. – 2:00 p.m.

March 2012 Calendar



Visit Our Web site
www.cnmc.navy.mil/yokosuka/
Click the FFSC link in the right
hand margin

Find Us On Facebook!
Search "FFSC Yokosuka"
from your FB account

***Fleet & Family
Support Center***